

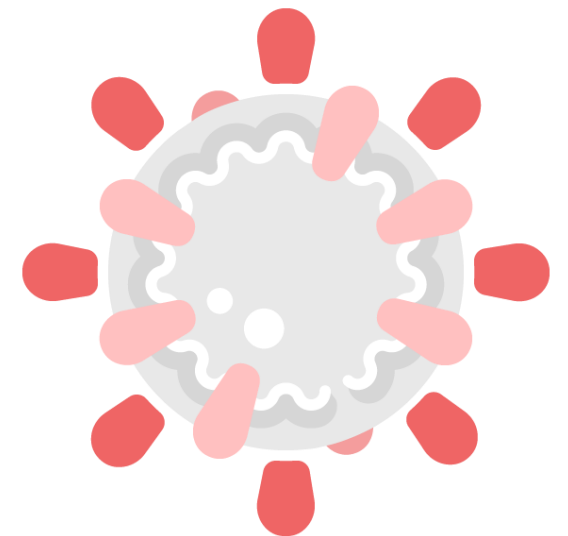
# SANCRA Meeting

September 14, 2021

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# Today's Topics

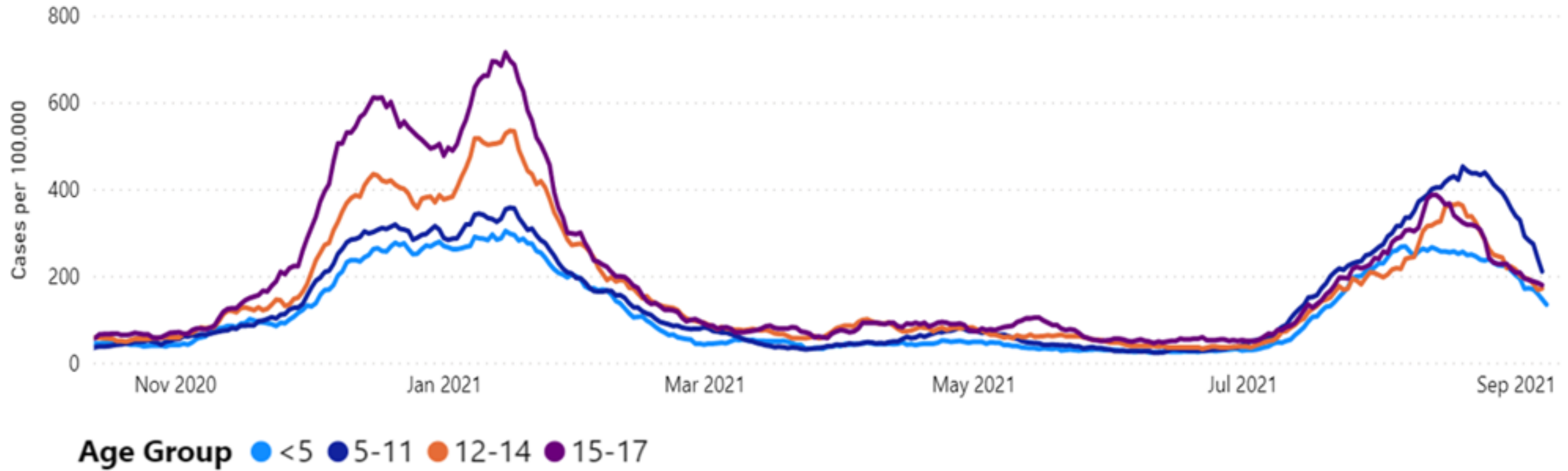
- Alameda County COVID-19 Update
- Sports Guidance
- What to do when there's a positive case in your program



# Epidemic Data Key Points

- Daily case rate is 13.6 per 100,000
- Test positivity is 2.6 %
  - HPI first quartile: 3.2 %
- Hospitalized COVID cases 171; ICU 53
- Testing increasing to ~11,000 per day (9/11)
- Case rate remains approximately 3 times higher among unvaccinated cases compared to vaccinated cases (29.8 per 100,000 among unvaccinated compared to 10.3 among vaccinated; as of 9/6/21)

# Alameda County COVID-19 14-day Case Rates Among Children



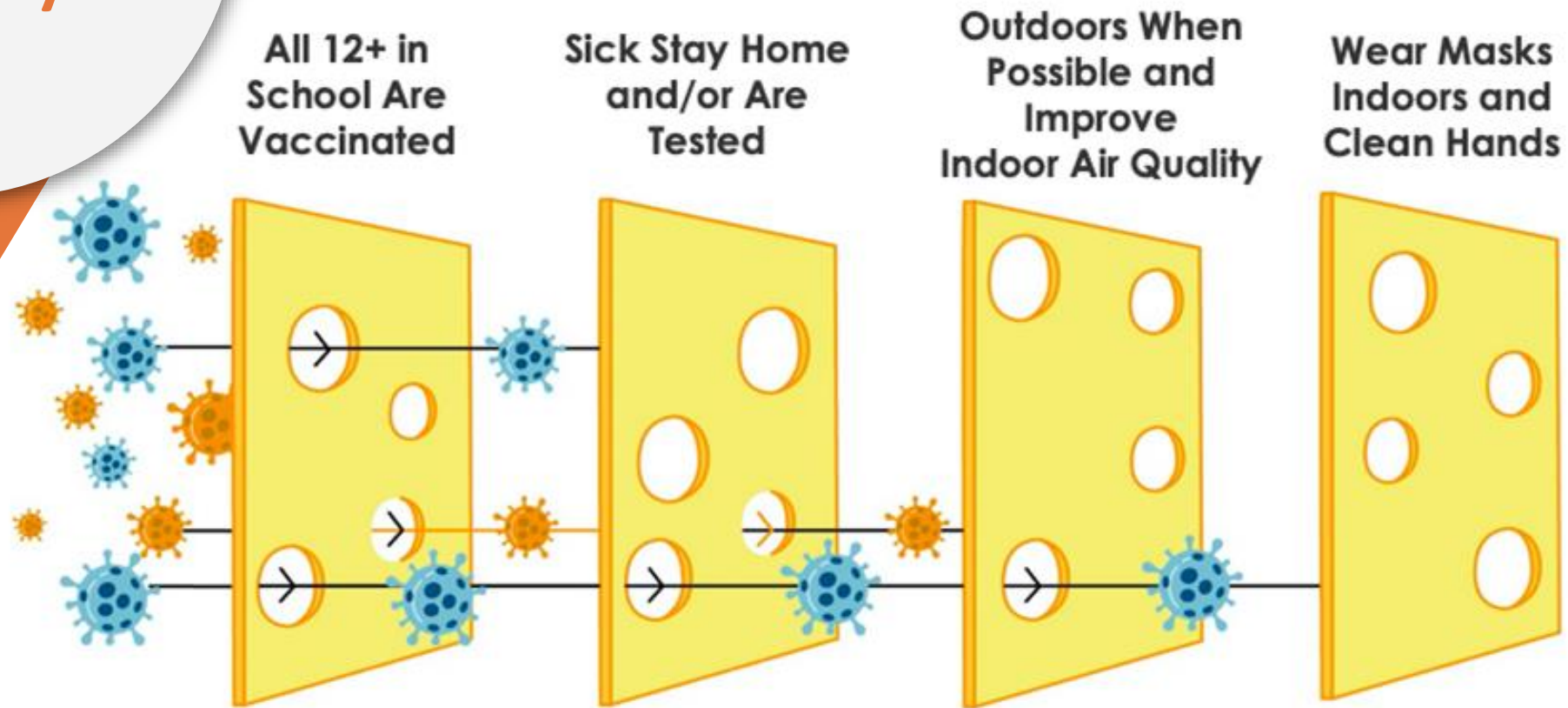
# Pediatric Cases

- **During this summer wave, there have been very, very few pediatric cases at any given time in the ICU at Alameda County-area hospitals.**
- These are not necessarily Alameda County residents since Children's Hospital serves Northern California. Hospitalizations have remained low and are decreasing.
- Vaccination of eligible residents and a multi-layered approach to safety, including mandatory indoor masking, continue to be important while children 11 and younger are not eligible for vaccine.



# Layers of Safety

## Children and Youth COVID-19 Safety Measures



California  
Department of Public  
Health K-12  
Extracurriculars  
Guidance

## Indoor Sports and Performing Arts

**Masks are required for all persons while playing all indoor sports and performing arts**, unless they are a choking hazard. If the sport or musical instrument cannot be performed with a face covering on (e.g., wrestling, gymnastics/cheer, wind instruments), follow the below:

### If indoor masking isn't possible due to choking hazard, one of the following is required:

- Move activity outdoors
- Use modified face coverings/bell coverings, and maintain 6 feet
- Perform at least weekly screening testing with either PCR testing (1:1 or pooled PCR) or antigen testing of all individuals, including those who are fully vaccinated
  - Schools must be in compliance with weekly testing no later than 9/27



# Alameda County Public Health (ACPHD) Guidance for Sports and Extracurriculars

- Aligns with and augments the California Department of Public Health guidance
- Reduces the spread of COVID-19 in communities by supporting a safer environment
- Provides additional clarity in context of local disease consideration and applies the standards of the State's guidance to non-school settings





# ACPHD Guidance: Testing Recommendations

- COVID-19 screening testing in **unvaccinated** youth and staff involved in all indoor sports and extracurricular activities may be considered for added safety
- Where resources allow, consider testing in **unvaccinated** youth and staff involved in outdoor sports and extracurricular activities
- Asymptomatic people who are fully vaccinated or those who have tested positive for COVID-19 within the last 90 days do not need to be tested.



# ACPHD Guidance: Testing Types and Frequency

- Test once per week if using PCR or similar test, such as school-based Color PCR, Cue tests, or PCR testing performed at a clinic or medical facility
- Test twice per week if using a rapid antigen test, such as BinaxNOW.
  - A positive antigen test from someone who is asymptomatic (has no COVID-19 symptoms) should be retested with a PCR test within 24-72 hours to confirm.
  - These tests should be treated as presumptive positives and individuals should be advised to isolate until receiving a negative PCR test result.
  - A negative antigen test in a symptomatic individual should be retested with a PCR test within 24-72 hours to confirm.



# ACPHD Guidance: COVID-19 Vaccination

## COVID-19 vaccination is strongly recommended:

- Can require that all participants and personnel be fully vaccinated
- Decreases the risk of transmission of the virus among teammates and between teams
- Provides protection against severe illness, hospitalization, and death
- Decreases disruptions in team activities, since fully vaccinated individuals who remain asymptomatic are not required to quarantine if they are close contacts of an individual with COVID-19



# ACPHD Guidance: Locker Rooms

- Limit congregating in locker rooms
  - o Players should arrive dressed to play as much as possible.
  - o Use locker rooms only to change or use the restroom.

Do not use the locker room for coaching or pregame, halftime, or postgame talks.

  - o Avoid having different teams use a locker room at the same time
- Ensure mask use in locker rooms.
- Consider closing showers.



# ACPHD Guidance: Teams Buses and Vans

- Masks are required
- Keep windows open
- Turn the fan on high and set it to outdoor air
- If more than one vehicle is used, have the same people ride together every time



# ACPHD Guidance: Carpooling

- Everyone in the vehicle should wear a face mask
- Open the windows
- Turn the fan on high and set it to outdoor air.
- Encourage participants and staff who carpool to ride with the same people each time travel occurs



# ACPHD Guidance: Travel

- When traveling overnight, team members not from the same household should sleep in separate rooms or in consistent groups when feasible
- Keep masks on whenever visiting other members' hotel rooms
- Socializing with other teams is strongly discouraged.
- Teams that travel outside the Bay Area or out-of-state are encouraged to follow CDC recommendations for quarantine after travel



# Positive COVID-19 Case Reporting

- To report cases and suspected outbreaks, complete the [Schools Portal for Outbreak Tracking](#) (SPOT) Intake Form.
- School districts, schools, child care programs or extracurricular programs should fill out the [Schools Portal for Outbreak Tracking](#) (SPOT) Intake Form if the school setting or program has one or more confirmed COVID-19 cases.
- If you have questions about what to do next or if you think you have **3 or more cases** that could be connected, email [COVIDOB@acgov.org](mailto:COVIDOB@acgov.org) and/or call (510) 268-2101.





# TIPS to Make Contact Tracing Easier in Sports

- **Be sure to have awareness of the activities of the team and athletes during practices and games:**
  - How long were practices and games?
  - Were masks worn?
  - Are there specific athletes that spend more time together?
  - If playing other teams, how close do the athletes on opposing teams get to each other and for how long?



# Defining Close Contact in Sports

- For indoor and outdoor low contact sports (where teammates are unable to stay 6 feet apart) and indoor and outdoor moderate contacts and high contacts sports, the entire team or group of athletes should quarantine if the COVID positive athlete practiced or played with the teammates during their infectious period.
- For moderate and high contact sports, if the athlete played against an opposing team or athletes during their infectious period, the opposing team/athletes should also quarantine pending further investigation by ACPHD.
- If ACPHD determines that an opposing team or athletes were not exposed, ACPHD will instruct the team representative that the team or athletes may end their quarantine.



# Defining Close Contact in Sports

- For low contact sports, if the COVID positive athlete played against other teams or athletes during their infectious period and was closer than 6 feet to other athletes for 15 minutes or more, or if the duration of time spent within 6 feet of the COVID positive athlete is unknown, then the opposing athletes should quarantine.
- For low contact sports, where athletes stayed at least 6 feet apart for the duration of game play, teammates and opposing athletes or teams do not need to quarantine.



# Resources for Quarantine and Isolation

Alameda County Office of Education (ACOE) and Alameda County of Public Health Resources (ACPHD)

**Email Safe Learning with any questions: [safelearning@acgov.org](mailto:safelearning@acgov.org)**

[Schools | COVID-19 | Alameda County Public Health \(acgov.org\)](#)

[Interim COVID-19 Guidance for Youth Sports and Extracurricular Activities in Alameda County \(acgov.org\)](#)

[COVID-19 School Guidance / COVID-19 School Guidance: Alameda County School Reopening Plans \(acoe.org\)](#)

[COVID Parents Flowchart - English.pdf - Google Drive](#)

[2021-2022 Quarantine Requirements for TK-12 School Settings \(acgov.org\)](#)



# Questions

